

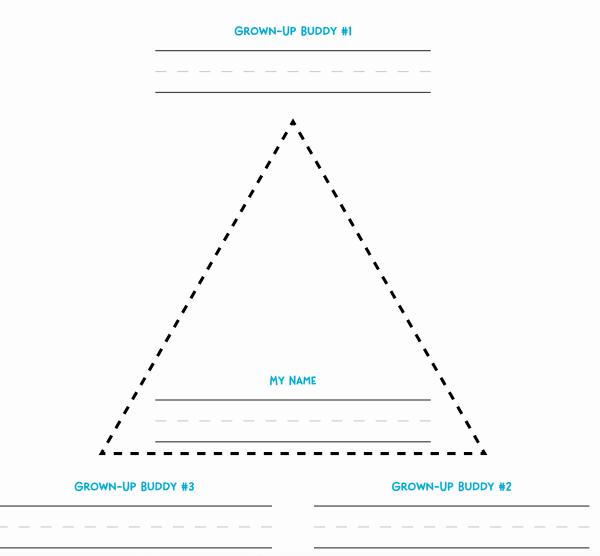






MY TRUSTED TRIANGLE

Directions: Use the **Trusted Triangle** below to help your child identify three or more **Grown-Up Buddies** who they can talk to about anything – whether it's a bad dream, a fight with a friend, or a touch that makes them feel not quite right. Be sure your child's Grown-Up Buddies are old enough to drive a car, and that you include at least one person in the Trusted Triangle who is not a family member. If something or someone makes your child feel unsafe or not quite right, your child must tell someone in their Trusted Triangle of Grown-Up Buddies. It's important for your child to remember to keep telling someone how they feel until they get the **two "H's": heard and helped**.



For information on the *Safer, Smarter Kids* curriculum, visit www.SaferSmarterKids.org. For additional resources, visit LaurensKids.org. To report abuse, call the ChildHelp National Child Abuse Hotline at 1-800-422-4453, and you will be referred to your local abuse reporting agency.