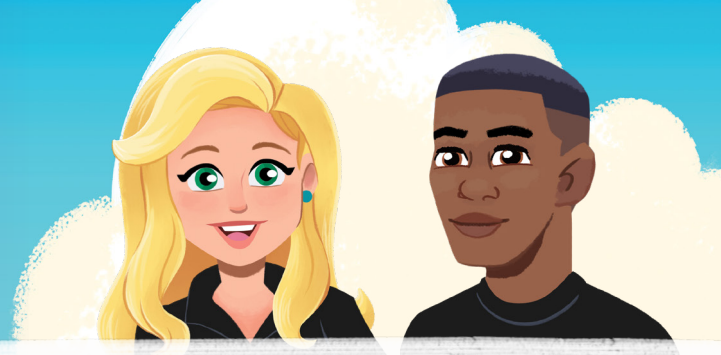




Safer, Smarter
FAMILIES

GRADES 3-5

PRESENTED BY:  LAUREN'S KIDS



RiGHTS AND RESPONSiBiLiTiES SCENARiOS

Our Kids Bill of Rights says your child has the following rights:

- **The right to Safety.** No one has the right to hurt them or make them feel afraid or do something wrong, dangerous, or scary to them. They have the right to feel comfortable and secure in their surroundings.
- **The right to a Voice.** Their voice means that they have a say; the right to be heard; to voice their opinions, their hopes, and their fears. They have the right to let others know if something is not okay. Their voice has power.
- **The right to Respect.** They should be treated like they are important and valuable. They have the right to have their body boundaries respected.
- **The right to Be Yourself.** They have the right to express all of their ideas, beliefs, and the other things that make them who they are. Their likes and dislikes, and even their faults, make them unique.
- **The right to a Childhood.** Your child's entitlement to each of these rights protects their childhood and enables them to play, go to school, have friends, and be safe.

Review the rights above with your child and what each right means to them. Then, discuss with your child that rights come with responsibilities. Review the following:

- With the right to safety comes the responsibility to make safe choices. (Your child should also understand that they can always come to you even if they make an unsafe choice and that you will help them no matter what.)
- Your child's right to have a voice comes with the responsibility to use that voice to tell a trusted adult when they need help, and to keep telling until they receive it.
- Their right to respect means that they have the right to be treated like they are important and valuable, and to have their body boundaries and privacy respected. They also have a responsibility to respect the body boundaries and privacy of others.
- Your child's right to be themselves means that they can be who they are, and comes with a responsibility to stand up to peer pressure.

Read each statement below, then ask your child which right is being described. Discuss with your child what responsibility goes with that right. The answers are printed at the bottom of the next page.

1. "I have an idea. You ride your bike as fast as you can down the hill and pull me on my skateboard. I don't care if it is dark, and besides, they build sidewalks to keep us safe."

What is this child's right? _____

What is this child's responsibility? _____

2. "I would much rather be playing softball than going to dance class, but both of my sisters are dancers and everyone thinks I should be one, too."

What is this child's right? _____

What is this child's responsibility? _____

3. "Those guys on the bus keep taking stuff from my backpack. Probably nothing will happen if I tell, so I will just keep quiet."

What is this child's right? _____

What is this child's responsibility? _____

4. "All my so-called friends are being mean to me just because I was making fun of their shoes."

What is this child's right? _____

What is this child's responsibility? _____



Answers

1. Right to safety - The responsibility to make safe decisions. 2. The right to be yourself - The responsibility to be true to yourself. 3. Right to a voice - The responsibility to speak up and be heard and helped. 4. Right to respect - The responsibility to treat others with respect.