

P.L.A.N.

We make a P.L.A.N. before we go places so that the grownup who is in charge or our Grown-Up Buddy knows where we are going and what we are doing. It's important to make a plan — and stick to it — to stay safe.

Each step of P.L.A.N. helps keep me safe.

P - is important because I should always have **Permission** from the grownup who is in charge or the Grown-Up Buddy before I go anywhere or do anything.

L - tells the grownup in charge or the Grown-Up Buddy the **Location** where I will be. This is a very important step because if it changes, I must begin the P.L.A.N. process again.

A - tells the grownup who is in charge or the Grown-Up Buddy about the **Activity** I will engage in while I am gone.

N - is the **Name and Phone Number** of the person(s) I am with.

P-Permission

Am I allowed to do this?



L-Location

Where am I going?



A-Activity

What will I do when I get there?



Who am I with & what's their phone number?

N-Name and Number of the grownup I am with.

Name _____

Phone Number _____